

STERLING HIGH SCHOOL



Upcoming Events:

October

- October 3rd—Persona Picture Retakes
- October 10th—Columbus Day— No School
- October 12th—Homeroom Schedule
- October 13th— Parent/Teacher Conferences 4-7:30 p.m.
- October 17th—Marking Period 1 Ends
- October 18th— Parent/Teacher Conferences 4-7:30 p.m.
- October 28-30 SHS Fall Play “Harvey”



Parent-Teacher Conferences

Parent-teacher conferences will be held at Sterling High School on **October 13th** and **18th** from **4—7:30 p.m.**

All Freshman Academy teachers will be in the SHS Library on a first come basis. No specific appointment time is necessary; however, you will need to call and make appointments for non-“core” teachers such as art, P.E., and foreign language. For all other grade levels and classes, please call the school office at **815-625-6800** to schedule your 10 minute appointments.

The time parents take to spend with teachers can have a positive impact on their children’s attitude toward learning and success.

Parent / Teacher Conferences

October 13th 4-7:30 p.m.

October 18th 4-7:30 p.m.

Make your appointments today by calling 815-625-6800

Asset of the month for October:

Community Values Youth (the young person perceives that adults in the community value youth)

Search Institute has identified the following building blocks of healthy development—known as Developmental Assets—that help young children grow up healthy, caring, and responsible.

Out of the Darkness Walk

It was a very good day on Sunday, September 11th at the Out of Darkness Walk. Sterling High School was well represented with students who not only walked but volunteered to make the day a success.

There were 220 walkers and the event earned \$4262 that went directly to the American Foundation for Suicide Prevention (AFSP).

Special thanks to Cami Hartman and Janet Freed who served on the committee, helped coordinate the student helpers and activities, and were present to help with the day’s events.

Transition to Life

Parents, have you checked out the new parent link on the high school web page – [SpEd Transition to Life?](#)

It is geared mostly for parents of special needs students; however, the site does cover topics such as Getting Ready for College, and Helping Students Make Career Plans.

There are also links to books available through the Sterling Public Library and the library here at the high school that deal with autism, health problems, attention deficit, and genetic abnormalities. This is a direct link to the library catalog with many kinds of materials and books that would interest young children, as well as teens and adults. This link is found in Additional References, and under Library Resources on this site.



**Sterling High School's
Mission Statement**

Sterling Schools, in partnership with parents and community, will create a caring environment in which all students learn. This partnership shall empower all students to become responsible learners and decision-makers as they prepare for the future.

Sterling High School
1608 4th Avenue
Sterling, IL 61081
Phone: 815-625-6800
Attendance Phone:
815-622-4181
Fax: 815-622-4157
Website:
www.sterlingpublicschools.org/shs

Administration
 Jason Austin, Principal
 Lori Adell, Secretary
 Janet Barnhart, Associate Principal
 Joyce Howze, Secretary
 Vicki Dunphy, Associate Principal
 Mary Rhodes, Secretary
 Greg King, Activities Director
 Elaine Forward, Secretary
 Joshua Nichols, Associate Principal
 Andi Sumerfelt, Secretary

Counselors
 Darci Francis, Counselor
 Kaileen Gaumer, Counselor
 Cami Hartman, Counselor
 Travis Myers, Counselor
 Kris Hippen, Secretary/Registrar



*America's Pulitzer Prize
winning comedy classic*

Harvey

by Mary Chase

October 28th & 29th
7:30 p.m.

October 30th
2 p.m.

Centennial Auditorium

When Elwood P. Dowd starts to introduce his imaginary friend, Harvey, a six-and-a-half-foot rabbit, to guests at a society party, his sister, Veta, has seen as much of his eccentric behavior as she can tolerate. She decides to have him committed to a sanitarium to spare her daughter, Myrtle Mae, and their family from future embarrassment. Problems arise, however, when Veta herself is mistakenly assumed to be on the verge of lunacy when she explains to doctors that years of living with Elwood's hallucination have caused her to see Harvey also! The doctors commit Veta instead of Elwood, but when the truth comes out, the search is on for Elwood and his invisible companion. When he shows up at the sanitarium looking for his lost friend Harvey, it seems that the mild-mannered Elwood's delusion has had a strange influence on more than one of the doctors. Only at the end does Veta realize that maybe Harvey isn't so bad after all.

• • • **Cast of Characters** • • •

(In Order of Appearance)

- Myrtle Mae Simmons – *Clarissa Worcester*
- Veta Louise Simmons – *Karina Olivas*
- Elwood P. Dowd – *Alex Rodriguez*
- Harvey – *Himself*
- Miss Johnson – *Anne Zigler*
- Mrs. Ethel Chauvenet – *Hannah Matheny*
- Ruth Kelly, R.N. – *Meghan Clodfelter*
- Duane Wilson – *Chandler Allen*
- Lyman Sanderson, M.D. – *Hunter Wolfe*
- William R. Chumley, M.D. – *Max Kasprzak*
- Betty Chumley – *Hayley Osborn*
- Judge Omar Gaffney – *Zachary Woessner*
- E. J. Lofgren – *James Schauff*

US Cellular Partners with Schools

Help Sterling High School win a share of \$1 million

U.S. Cellular has released the following statement : "Because our kids' education has never been more of a priority, here's your chance to make a difference. Register to vote then return everyday until October 6th to give your favorite school a chance to be a Calling All Communities champion.

The school with the most votes will win \$150,000 and the next 17 schools with the most votes will receive \$50,000 each to spend any way they see fit to benefit their students.

Visit your local U.S. Cellular store or uscellular.com to learn more."

Safety Concern!

Parents, please pull over to the curb when dropping students off. Please do not stop in the middle of the road. It blocks traffic and kids open car doors into traffic or dart between cars. Please model safe driving!



**CAREER /
COLLEGE
LUNCHES**

Each month, we will choose a different topic to present to students pertaining to career and college preparation. This month's topics include:

Sophomore Lunches:

Sophomores are encouraged to bring their lunch to the College and Career Center on Tuesday, October 4. The topic for this month is "Career Research". Students will work with an interest inventory to explore possible career paths.

Junior Lunches:

Juniors are encouraged to bring their lunch to the College and Career Center on Wednesday, October 5. The topic for this month is "College Research". Students can begin to investigate colleges that they might be interested in attending.

Senior Lunches:

Seniors are encouraged to bring their lunch to the College and Career Center on Thursday, October 6. The topic for this month is "Narrowing College Choices". Students will be looking at 3-5 schools of interest and then examining the applications for each of these schools.

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GRIEF SUPPORT GROUP

Mrs. Hartman, along with Ms. Brose, our counseling intern, will be starting a grief support group this month. The purpose of the grief group is to help students learn to cope with loss. During the eight week sessions, students will explore the many facets of grief. The objectives of the group are: to provide information on grief and how it affects us, encourage group members to talk about and express their feelings, explore grief related issues, and finally to examine each student's support system.

If you feel that your child would benefit from participating in this group, please contact Mrs. Hartman. Permission slips will be sent home with those students who express an interest in the group.

UPCOMING COLLEGE VISIT INFORMATION

The Hispanic College Fair in Rockford is October 13. This field trip is open to any and all interested junior and student students. Representatives from over 50 colleges and universities will be available. Please ask your child to sign up in the counseling office.

The Latino College Visit to NIU is scheduled for October 25. This field trip is open to any Latino student, freshman through senior. It is an opportunity for students to explore programs at NIU available to Latino students. Please ask your child to sign up in the counseling office.

DIVISION OF REHABILITATION SERVICES:

Counselor Assigned to SHS

My name is Jessica Edwards. I am the Vocational Counselor assigned to students at SHS. If you have a student that receives services under an IEP or has a diagnosed disability I am available to meet with you and your student at SHS to discuss services that they may qualify for. If your student is already receiving services from our office I am also available to meet with you and/or your student at the school. During the 2011-2012 school year, I will hold office hours at SHS on Tuesdays and Thursday between 8:30am-3:00pm in the 3rd Floor Conference Room. Meetings on alternate days can be scheduled with advanced notice.

Some of the services provided by our agency include:

- Guidance and Career Counseling
- Information and Referral
- Opportunities for Career Exploration
- Participation in paid work experiences
- Job training and placement
- Independent Living Services

Coordination of post-secondary education and training.

If you are interested in referring your student for Vocational services or would like to set up a meeting to discuss services for your student you may do so by calling (815) 625-8885 or emailing Jessica.L.Edwards@illinois.gov.

ATHLETICS / ACTIVITIES

WINTER SPORTS

Basketball Cheerleading Tryouts

The dates and times for the winter basketball cheerleading have been announced. From October 10-12 from 6:00 pm – 8:00 pm cheerleading tryouts will be held in Homer Musgrove Fieldhouse. If interested, please pick up a form in Ms. Martinelli's room (141).

The winter sports season is just around the corner! Are you prepared? Make sure that all appropriate forms are filled out and turned into athletic office. Also make sure that a current athletic physical is on file in the Activities Office. If you have any questions call the Activities Office at (815)622-4114. Winter sports would include: Boys and Girls Basketball, Wrestling, Boys Swimming, and Girls Bowling.

UPCOMING EVENTS

October 1 st	Volleyball Invitational	Westwood
October 4 th	IHSA Boys Golf Regional	Sycamore
October 8 th	NIB XII Girls Tennis	Rochelle
October 8 th	Sterling Cross Country Invite	Hoover Park
October 10 th	IHSA Boys Golf Sectional	St. Charles
October 10 th	IHSA Girls Golf Sectional	Freeport
October 15 th	NIB XII Freshmen VB Tourney	Westwood
October 15 th	NIB XII Sophomore VB Tourney	Westwood
October 15 th	NIB XII Cross Country Meet	Geneseo
October 14 th & 15 th	IHSA Golf State Finals	Bloomington
October 14 th & 15 th	IHSA Girls Tennis Sectionals	Galesburg
October 19 th	IHSA Soccer Regional Semi-Finals	Roscoe Eades
October 20 th	Volleyball vs. Geneseo (Senior Night)	Homer Musgrove
October 21 st	Football vs Ottawa (Senior Night)	Roscoe Eades
October 22 nd	IHSA Cross Country Regionals	Hoover Park
October 22 nd	IHSA Soccer Regional Finals	Roscoe Eades

Shop at Kroger and Support Your Golden Warriors

Kroger makes a donation equaling 3% of all money added to the rewards card. This past year over \$3700 was earned in the program. It is easy as a credit card to use. Remember, this program helps out all Activities at Sterling High School. Contact any



SAVE THE DATE!

Saturday November 26, 2011

2ND ANNUAL SHS ALUMNI BASKETBALL GAME

Join us for the second SHS Alumni basketball event! Get together with former teammates, enjoy a day of basketball, and make new memories. Entry fee is just \$20, which covers the cost of a t-shirt with your name and number on the back and entry fee. Not only is this a terrific event, it is also a fundraiser for the girls' and boys' basketball programs; any donations above and beyond \$20 will go directly to support the basketball programs at SHS. Deadline to register is Friday November 11, 2011. Online registration available @ www.sterlingschoolsfoundation.org

Any questions can be directed to:
 Julie Schroeder (jschroeder@sterlingschools.org) or
 Ryan Brown (rbrown@sterlingschools.org) or
 Call the Sterling Schools Foundation 815-626-0022