

# STERLING HIGH SCHOOL



## Upcoming Events:

### February

- February 8th-Homeroom
- February 8th-End of Marking Period
- February 15th-Early Release 11:30 a.m.
- February 16th-FAFSA Financial Aid Completion Night 5-7 p.m.
- February 19th-February MORP-School Dance 7-10 p.m. Commons
- February 21st-Presidents Day-No School
- February 24th & 25th-SHS Musical "Aida" 7:30 p.m.
- February 26th-SHS Musical "Aida" 2:00 p.m.
- February 28th-SHS Orchestra Concert 7:00 p.m.

## Watch SHS Events LIVE with iHIGH!

As many of you may know or have seen, Sterling High School with the help of the Sterling Athletic Boosters has begun broadcasting many of its extracurricular activities on iHigh. "iHigh provides schools, colleges, and other youth related organizations with free web tools and video streaming that connect sports and activities to the premier Global Youth Network."

Last spring, the Sterling High Relays was our first live broadcast. This year ihigh has broadcast LIVE

football, volleyball, basketball, music concerts, wrestling and a mock scholastic bowl competition.

ihigh has become an essential part of the ways in which the accomplishments

of Sterling High School students are highlighted. Please visit the following link to see a schedule of upcoming events:

[www.ihigh.com/goldenwarriors](http://www.ihigh.com/goldenwarriors).



### Parent-Teacher Conferences

March 15th and March 20th

4—7:30 p.m.

Please call the school office **beginning February 21st at 815-625-6800** to schedule your parent-teacher conferences. The time parents take to spend with teachers can have a positive impact on their children's attitude toward learning and success.

### SHS PRESENTS:

## AIDA

**CENTENNIAL  
AUDITORIUM**

**FEBRUARY 24TH &  
25TH 7:30 P.M.**

**FEBRUARY 26TH 2:00  
P.M.**

### ELTON JOHN & TIM RICE'S



**AIDA**  
THE TIMELESS LOVE STORY

Elton John and Tim Rice's AIDA is a contemporary musical take on a grand classic tale of the timeless bond between an enslaved Nubian princess and an Egyptian soldier. As forbidden love blossoms between them, the young lovers are forced to face death or part forever. Together, they set a shining example of true devotion that ultimately transcends the vast cultural differences between their warring nations, heralding a time of unprecedented peace and prosperity.



## Sterling High School's Mission Statement

Sterling Schools, in partnership with parents and community, will create a caring environment in which all students learn. This partnership shall empower all students to become responsible learners and decision-makers as they prepare for the future.

**Sterling High School**  
**1608 4th Avenue**  
**Sterling, IL 61081**  
**Phone: 815-625-6800**  
**Attendance Phone:**  
**815-622-4181**  
**Fax: 815-622-4157**

**Website:**  
[www.sterlingpublicschools.org/shs](http://www.sterlingpublicschools.org/shs)

### Administration

Jason Austin, Principal  
 Lori Adell, Secretary  
 Janet Barnhart, Associate Principal  
 Joyce Howze, Secretary  
 Vicki Dunphy, Associate Principal  
 Mary Rhodes, Secretary  
 Greg King, Activities Director  
 Elaine Forward, Secretary  
 Joshua Nichols, Associate Principal  
 Andi Sumerfelt, Secretary

### Counselors

Darci Francis, Counselor  
 Kaileen Gaumer, Counselor  
 Cami Hartman, Counselor  
 Travis Myers, Counselor  
 Kris Hippen, Secretary/Registrar

## prom 2012

Plans to transform the school into a place of all-night celebrating began months ago, and the Class of 2013 and their parents are excited to host this year's Prom and Post Prom!

Fundraising for the event continues with the sale of personalized window decals and "It's a Warrior Thing" tee shirts; both items are available for purchase in the parent center. Additionally, junior students will be selling Folsom valentine cookies on February 13<sup>th</sup> and 14<sup>th</sup>.

The creating/construction phase of our project is underway! During the month of February, junior class students are meeting on Wednesday evenings from 6:30 to 8:30, at 1802 Plant Drive, Sterling (warehouse located behind the Sauk Valley Food Pantry). For directions or questions, contact any of the junior class advisors listed below. All junior students and parents are encouraged to join in the creative fun!

Volunteers are the cornerstone of this event and if you have already contacted us about volunteering, we thank you! If not, we encourage you to do so; there are many ways parents can help, big and small with every level of time commitment.

Thank you in advance for your support of Prom 2012!

Gretchen Rahn  
815.440.1670

Julie Hendricks  
815.590.3545

Betsy Maxson  
815.535.7518

Tracy Gamm  
815.535.5115

## PROM DRESSES WANTED



It is time once again to start thinking about prom! Parents, do you have prom dresses still hanging in your closet from the last few years? If so, please consider donating them for current high school students. We will be holding another prom dress sale at Sterling High School in the Auditorium Lobby on Sunday, March 4th from 1-3. This is an opportunity to provide quality dresses for all students. Anyone interested in donating can drop off dresses at the Parent Center or contact Taylor Jackson or Cami Hartman for more information at 815-625-6800.

## DECEMBER STUDENTS OF THE MONTH

Rachel Lathe and Alex Rodriguez were chosen as December Students of the Month at Sterling High School.

Rachel is co-captain of the Lady Warrior swim team. She participates in Band, Science Club, Math Team, WYSE and is Historian of National Honor Society. She is member of her church youth group and enjoys reading, sewing and jogging. Rachel plans to major in biology or bio-chemistry with plans to attend medical school.

Alex is an active member of the fine arts department performing in band, madrigals, speech, plays and musicals. He serves as the Drum Major for the marching band. Alex also participates in track and has been a state qualifier and finalist in several events. Alex plans to attend a four-year university and major in theatre performance.

Congratulations to December Students of the Month!



## 2012 Illinois Youth Survey

Sterling High School will be working with the Center for Prevention Research and Development at the University of Illinois to conduct a statewide survey of Illinois 10th & 12th grade students. The purpose of the Illinois Youth Survey is to better understand Illinois youth risk and protective behaviors as they related to student problems and academic success. This questionnaire asks about: personal use of alcohol and other drugs, perception of risks, where accessed, consequences of use, approval or disapproval of use; students' feelings about their school experience; family and personal characteristics; family communication about substance use; feeling about self and moods; student health behaviors – food intake, exercise, height and weight. This survey will take place during homeroom on Wednesday, February 8th. A letter went home to students who will be surveyed and additional information is also available at <http://iys.cprd.illinois.edu>. If you have any questions, please contact Mrs. Barnhart at 815-625-6800.

## COUNSELING NOTES

### Financial Aid Information

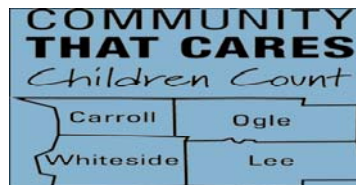
If you would like assistance completing the FAFSA, please plan on attending our FAFSA Completion Workshop. This workshop will be held February 16 from 5:00-7:00 pm in the SHS library. Representatives from ISAC (Illinois Student Assistance Commission) will be available to answer any questions you may have. We will have computers available for you to complete and submit the application at this time as well. Please be sure to bring all of the necessary documentation with you to accurately complete the FAFSA. The documents that will be needed include:

- Social Security numbers
- W-2 forms / 10-40 forms
- Assets, such as stocks and bonds (if applicable)
- College saving plans (if applicable)
- Driver's license number
- Date of birth (student and parents)
- Month and year of marriage (if applicable)
- Month and year of separation/divorce (if applicable)
- Alien registration number (if you are not a U.S. citizen)

Please visit [www.fafsa.ed.gov](http://www.fafsa.ed.gov) for more information.

\* If you haven't filed your taxes yet, you can still bring your 2010 information and estimate for this year.

## The Community That CARES Parent and Family Forum Is transitioning into a Parent Support Group!



“Parents Supporting Parents”

Please join us for a potluck meal at the  
First Church of the Nazarene in Sterling  
411 13th Avenue  
From 6:00 p.m.—7:30 p.m.  
On February 27, 2012.

YOU are the most important piece to your child's social and emotional health. As parents, we have a lot in common. We all need support, someone to share ideas with, and a place to talk where someone will listen. Children are welcome. Please bring a dish to pass. Contact Tamara Wolf at 815-625-0013, ext. 111 with any questions.



## Spring Sports

The official start of spring sports is right around the corner. All spring athletes may begin practice on February 27<sup>th</sup>. Before students can begin practice, they must have all necessary paperwork and a current athletic physical turned into the Activities Office. If you would like to participate, stop in the Activities office to sign up! Indoor track has already begun, but one may still participate. See Coach Gaumer (Girls) or Coach Hartz (Boys) to get information.

## Sterling Athletic Booster Drawdown

### 12th Annual "Blue & Gold" Drawdown

**Date:** March 10, 2012

**Location:** Westwood Sports Complex, Building 3

**When:** 6-11 p.m.

**Food, Entertainment, Drawdown—**Tickets are \$25 and may be purchased by a **Booster Club Member** or the **Activities Office**.

**Grand Prize:** \$1,000; 1-\$500 winner; 1-\$250 winner, 10-\$100 winners.



This spring will mark the 12th annual *Blue and Gold Drawdown*. This event was started by the Sterling Athletic Booster Club to raise money in support of our student athletes. It is an informal means for parents, alumni, teachers, administrators, coaches, and anyone else to get together, have lots of fun, and raise funds at the same time.

This year's event will be held on Saturday, March 10<sup>th</sup> at the Westwood Sports Complex, Building #3 from 6:00 – 11:00 p.m. Each year the Drawdown continues to grow, thanks to the generosity of the many local businesses and individuals who donate various products and/or services.

Tickets are \$25 apiece and can be purchased from any Booster Club member or from the Sterling High School Activities Office. Come join us for an evening of fun!