

STERLING HIGH SCHOOL



Upcoming Events:

August

- August 6th—Music in Motion 5 K Run—
Information at www.musicinmotion5k.org
- August 8th—Fall Student Athlete/Parent Meeting 7 p.m. Auditorium
- August 15th- Freshman Orientation 5:30—6:30 p.m. and SHS Open House 6:30—8:00 p.m.
- August 17th-First Day of School 8-11:30 a.m.
- August 27th-Athletic Booster Golf Outing

September

- September 5th--Labor Day No School
- September 12th-17th Homecoming Week



Welcome to the 2011-2012 School Year!

If you are new to Sterling High School, "Welcome!" If you are returning, "Welcome Back!" It is always an exciting time returning to school and this year will be no exception. We would like to welcome our new staff, students and parents to our SHS family. Please take time to learn about the many opportunities that your children have to grow socially, emotionally and academically at our Open House on August 15th. We will have food, prizes and information for our upcoming school year. Registration for prizes and tickets to receive free food in the commons will be available in the cafeteria beginning at 6:30 p.m. While you are here, you will notice the freshly painted blue and gold hallways and the new lockers for students this year. These, along with many other examples, are how we are continually instilling Warrior Pride for the students in the classrooms, on the playing fields and as a way of life.

Four New Teachers Join SHS

For the 2011-2012 school year SHS will have four new faces teaching in the areas of English, Math, and Science. We have two new teachers in the English Department and one new teacher in each of the Science and Math departments.

Katie French is a Cum Laude graduate of Aurora University with a major in English. For two years, she taught at Bolingbrook High School, with primarily junior and senior English classes, including AP Language and Composition. In 2010, she moved back to her hometown of Fulton, IL, and joined the SHS English department as a maternity sub. Sterling High School students voted Mrs. French best substitute teacher for the 2010-2011 school year. This year, Katie will be teaching English 1 and 2 and will be an AVID Elective teacher.

Duane Price earned his Bachelor's from Mount Mercy College in Cedar Rapids, IA, and his Master's Degree from Olivet Nazarene. For the past four years, he has taught junior English at Bureau Valley High School. During that time, he was active on several school committees and coached golf and basketball. In addition to changing jobs this summer, Duane was also married in June. This fall, he will serve as SHS Assistant Golf Coach. In the English department, Duane will be teaching English 2 and 4 and Reading Intervention.

Nicole Martinelli is the newest member of our science department. She is a graduate of Illinois State University and spent the 2010-2011 school year at Grande Park in Naperville, where she worked with English Language Learners. This year, she will be teaching Environmental Science and Biology. She has also taken the role of SHS Cheerleading Coach and has been involved with our girls in practices and camps during this summer.

Dan Chouinard is a familiar face at SHS. In addition to being a SHS graduate, he student taught in our math department and has also filled a maternity sub position. During the spring semester, he taught math at Fulton High School. However, it has always been his dream to teach at his alma mater. This year, he will be rejoining us as an Algebra III/Trig, Algebra I, and math intervention teacher. Dan is a graduate of Ashford University and his diverse background includes coaching, tutoring, and managing a retail store.

Please join us in welcoming these teachers to Sterling High School. They are all looking forward to the start of school and getting to know our students.



Sterling High School's

Mission Statement

Sterling Schools, in partnership with parents and community, will create a caring environment in which all students learn. This partnership shall empower all students to become responsible learners and decision-makers as they prepare for the future.

Sterling High School

1608 4th Avenue

Sterling, IL 61081

Phone: 815-625-6800

Attendance Phone:

815-622-4181

Fax: 815-622-4157

Website:

www.sterlingpublicschools.org/shs

Administration

Jason Austin, Principal

Lori Adell, Secretary

Janet Barnhart, Associate Principal

Joyce Howze, Secretary

Vicki Dunphy, Associate Principal

Mary Rhodes, Secretary

Greg King, Activities Director

Elaine Forward, Secretary

Joshua Nichols, Associate Principal

Andi Sumerfelt, Secretary

Counselors

Darci Francis, Counselor

Kaileen Gaumer, Counselor

Cami Hartman, Counselor

Travis Myers, Counselor

Kris Hippen, Secretary/Registrar

Sterling High School Announces:

Freshman Academy Parent/Student Orientation Meeting

August 15, 2011

5:30—6:30 p.m.

Centennial Auditorium

Help make your child's transition to SHS a smooth one! We will explain the freshman academy concept with a brief power point presentation and answer any questions you may have. Immediately following the presentation, SHS will host its annual open house. This is a great opportunity to support your child and transition him/her from middle school to high school.

Food & Prizes!

Open House

August 15, 2011

6:30—8:00 p.m.

(Immediately following Freshman Orientation)

Parents who attend our Open House can sign up for drawings that will occur every half hour of our open house! Prizes have been generously donated by members and businesses of local communities. **Sign up for prizes and get food tickets in the cafeteria!**

This year's prizes include but are not limited to:

SHS Football Reserved Seating, Individual and Family All Sports Passes donated by the SHS Activities Office

SHS Spirit Wear donated by the Sterling Athletic Boosters

\$25 itunes gift card donated by Gonzalo Reyes

SPA Package donated by Educators of Beauty

Gift Basket donated by Statik Hair Studio and Day Spa

Tanning donated by Splash of Color

32" Flat Panel LG TV donated by Pete Harkness Auto Group and Prescott's Appliance

Don't miss the opportunity to win prizes and be involved in your child's education. Studies indicate that the more involved you are in your child's education, the more successful he/she will be! It's a win/win night!

Food donated by: Academic Booster Club (ABC), Athletic Booster Club and Sterling Schools Foundation



COUNSELING NOTES

Coming soon!! The Sterling High School Career Center!! We are excited to announce that your students will have access to the SHS Career Center this fall. We are in the process of creating a one-stop college/career center for parents and students. This will be a valuable resource as you start to research different college and career opportunities for your child.

Students and parents should be on the lookout this fall in announcements and newsletters, for the return of Junior and Senior Lunches, and the first introduction to Sophomore Lunches! Students at each grade level are invited to attend during their lunch on specific dates, for discussion and assistance on a variety of topics including: test preparation, college planning, career planning, financial aid and scholarships, college applications, and much more!

UPCOMING ACT DATES

September 10, 2011-
Registration deadline is August
12, 2011

October 22, 2011-Registration
deadline is September 16,
2011

December 10, 2011-
Registration deadline is No-
vember 4, 2011

To register for the ACT or for
more information, please visit
www.act.org

D.R.S.—DISABILITY SERVICES AVAILABLE

The Division of Rehabilitation Services (DRS) is the state's lead agency serving individuals with disabilities. DRS works in partnership with people with disabilities and their families to assist them in making informed choices to achieve full participation through employment, education, and independent living opportunities. Services are available to high school students ages 14 and a half to 22 that include general transition services and/or participation in the Secondary Transition Experience Program (STEP). Specialized vocational rehabilitation services are available for individuals who are Blind or Visually Impaired, Deaf or Hard of Hearing, and Hispanic or Latino with disabilities. Once a student completes high school they may continue with adult vocational rehabilitation services, which could include: counseling and guidance, information and referral, job placement, time limited job coaching, assistance with post-secondary education/training, and other potential support services. While in high school vocational rehabilitation services are provided at no cost to the student. Funding for these services is provided through a combination of state and federal funds.

Any eligible student with a diagnosed disability may participate in general transition services, even if they do not have an Individualized Education Plan (IEP) through the high school. In order to participate in the Secondary Transition Experience Program (STEP) a student must have an IEP and be recommended by their special education teacher or case manager for participation in the STEP program. General transition services include: assistance with the development of realistic career goals, counseling to understand the impact of the disability on employment, development of good work habits, opportunities for career exploration, assistance with applications, resume development, and interview skills, job placement assistance, and coordination of independent living services, post-secondary education, or training.

Through participation in the STEP program the student is assisted in locating jobs inside or outside of school that average 10-15 hours per week. Students who participate in STEP can receive school credit, a grade, and may be paid for their work experience. Work experiences through the STEP program range from volunteer, a training wage (below minimum wage), or 100% employer paid where the student makes at least minimum wage. In order to be eligible for any vocational rehabilitation services (general services or the STEP program) the individual must be 14 and a half or older, have a diagnosed disability that creates significant limitations which would interfere with their ability to work, and show that they have potential to obtain competitive community employment once services have been provided. Eligibility for general transition services and the STEP program is determined by a vocational rehabilitation counselor through the Division of Rehabilitation Services, not the high school itself.

Anyone can make a referral for vocational rehabilitation services including: parents, high school staff, mental health professionals, social workers, churches, physicians, or other community agencies. To make a referral you can go online to

www.drs.illinois.gov/success



**SHS Counselors will be available beginning August 8th.
Please call 815-625-6800 to schedule an
appointment.**

Mandatory Student-Athlete- Parent Meeting

August 8th @ 7:00 p.m.

The Fall Sports Season is almost upon us! Believe it or not, within the next month, practices for our fall sports begin. A Mandatory Parent Meeting is scheduled for **August 8th at 7 PM in the Centennial Auditorium**. This meeting is required for all athletes and their parents that are involved in a fall sport. After the general meeting, breakout sessions with the individual sports will occur.

Fall Practices start on Aug. 10th. Before you are allowed to practice, the following must be on file in the Activities Office:

- Updated Physical
- Participation Fee (\$80 per student/per sport: \$240 Family Max)
- Emergency Medical Information
- IHSA Eligibility Form
- Mandatory Parent Meeting



Basketball Poms Try Outs will be held on Aug. 31st, Sept, 1st and Sept 2nd in the Musgrove Field House from 6:00 pm to 8:00 pm each night. any questions contact Lauren Howe at 815-483-1939 or lhowe@sterlingschools.org

ATHLETICS / ACTIVITIES

FALL PRACTICE STARTS

It is hard to believe that school is right around the corner. With that, fall athletics at SHS kicks the school year off. All Fall sports will start on August 10th. If you are not sure of the time schedule, please call the Sterling Activities Office or contact the Head Coach of the Fall Sport.

Football	Greg King	gking@sterlingschools.org
Volleyball	Alexis Rivera	arivera@sterlingschools.org
Golf (B & G)	CJ Wade	cwade@sterlingparks.org
Tennis	Kelly Reynolds	tennispro@essex1.com
Soccer	Chris Interone	c.interone@gmail.com
Cross Country (B & G)	Nancy Gehrke	NGehrke@cghmc.com
Swimming	Jamie Rodriguez	j_rod2004@hotmail.com

FALL SPORTS JAMBOREE

The annual Golden Warrior Back to School Jamboree will take place at Roscoe Eades Stadium and Musgrove Fieldhouse on August 19th at 5:15 pm. All Sterling High School Fall sport programs will be introduced. The soccer, volleyball, and football programs will be holding scrimmages as well. The SHS Booster Club concession stand will be open to try all your favorites. The event will kick off at 5:15. Check www.sterlingpride.com for the schedule of events. Come on out and support your Golden Warriors!

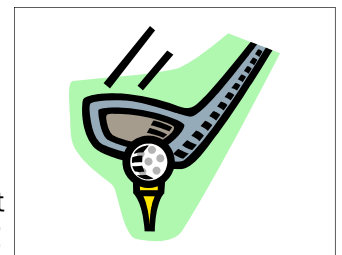
ALL STATE HONOREES

Three members of the Sterling Golden Warrior Softball team were named to the Illinois Coaches Association All State team this past June. Ashli King was named to the 2nd team, while Karli Mel-lott and Mackenzie Staples were each 3rd

members. Previous Golden Warriors to make the ICA All State Teams were Sara Aldefer (2nd Team, 2004), Kelli Long (3rd Team, 2008), and Jamie Rehmert (HM - 2010), and Ashli King (HM, 2010)

SHS ATHLETIC BOOSTER CLUB GOLF OUTING

The Sterling Athletic Booster Club has announced that their annual Golf outing will be held at Emerald Hill Golf Course on August 27th at 1:00 pm. Check back on www.sterlingschoolsfoundation.org/boostergolf for more details as the event grows closer. Come on out for a fun filled day and support Golden Warrior Athletics!



Annual SHS Booster Club Golf Outing—August 27th at 1:00 p.m.