



# May 2010

## Main Fare Daily Specials

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|---|--|--|--|
| <b>3</b><br>Chicken Parmesan Pizza<br><br>Italian Blend Mixed Fruit            | <b>4</b><br>Fresh Fruit & Cheese Platter<br><br>Sweet Corn Niblets<br>Chilled Peaches     | <b>5</b><br>Enchilada Bowl<br><br>Kickin' Pintos<br>Mandarin Oranges     | <b>6</b><br>Oven Baked Crispy Chicken<br><br>Mashed Potatoes<br>Pineapple Tidbits          | <b>7</b><br>*Bacon Cheeseburger<br><br>Green Beans<br>Applesauce                         |
| <b>10</b><br>Buffalo Chicken Sandwich<br><br>Baked Beans<br>Mandarin Oranges   | <b>11</b><br>Homemade Lasagna<br><br>Broccoli Cuts<br>Mixed Fruit                         | <b>12</b><br>*Chili Cheese Dog<br><br>Sweet Corn Niblets<br>Fruity Jello | <b>13</b><br>*Sweet & Sour Pork with Rice<br>Fortune Cookie<br><br>Oriental Mix Applesauce | <b>14</b><br>Italian Marinated Grilled Chicken<br><br>Diced Carrots<br>Pineapple Tidbits |
| <b>17</b><br>Spicy Buffalo Chicken Salad<br><br>Green Beans<br>Chilled Peaches | <b>18</b><br>Country Chicken Mashed Potato Bowl<br><br>Sweet Corn Niblets<br>Fruity Jello | <b>19</b><br>*Meatlovers Pizza<br><br>Italian Blend Pineapple Tidbits    | <b>20</b><br>Chef's Choice   | <b>21</b><br>Chef's Choice   |
| <b>24</b><br>Chef's Choice   | <b>25</b>   | <b>26</b>  |  |  |

**More Info... Meal Prices**  
 Full.....\$1.70  
 Reduced...\$.40  
*Free to all students who qualify*  
 Milk...\$.35 ala carte

**Did you know that if you qualify for free/reduced lunch you also receive a free/reduced breakfast.**

**Want the best deal in town? Try a Combo Meal!**

### Combo Meal = 1 Entrée + up to 2 Side Items + Milk

**Entrees:** hamburger, cheeseburger, Tyson breaded chicken sandwich, grilled chicken sandwich, homemade pizza, taco/nacho bar, pasta bar, fresh made salads, Coyote Grill Quesadilla, made to order deli bar and daily special

**Sides:** fresh fruit, fresh veggies, side salads, canned fruit, hot veggie, 100% fruit juice, grain and variety of milk

*\*=may contain pork products*

Food Service Office  
 622-4153  
 Linett Sturch

## Sterling High School

**Congratulations to our graduating seniors. We wish you all the best!!**



Menus are subject to change without notice.

