



2010 Spring Menu

Start your day off right with a healthy Breakfast

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<p>Tony's Breakfast Pizza</p> <p><i>Start your week off right with a slice of everyone's favorite.</i></p>	<p>Biscuit & Gravy</p> <p><i>Warm biscuits topped with creamy home style country gravy.</i></p>	<p>French Toast Sticks with *Sausage</p> <p><i>Cinnamon flavored French toast sticks served with a sausage patty</i></p>	<p>Fresh Baked Cinnamon Roll</p> <p><i>Everyone's favorite fresh baked cinnamon roll. Warm up with one today.</i></p>	<p>Homemade Taco Omelet With Toast</p> <p><i>A homemade omelet with a spicy twist.</i></p>
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Entrees Offered Daily: breakfast sandwiches, donut holes, jumbo bagels, grab-n-go bags, yogurt cups and daily specials

Sides: fresh fruit, 100% fruit juice, graham crackers, tator tots and milk (1% white, skim and 1% chocolate)

Offer vs. Serve
 Students must choose 3 out of 4 components offered. Components are grains, protein, fruit/veggie and milk

Combo Meal Prices
 Full...\$1.45
 Reduced...\$.30
Free to all students who qualify

Sterling High School

Special News...
Remember if you qualify for free/reduced breakfast, you receive a free/reduced lunch also.

Menus are subject to change without notice.

